

St German's Church

8 August 2021 - Trinity 10 (OT19)



Elijah in the Wilderness

A simple story about a man who was close to despair because of hunger and a lack of nourishment. This story of course points to our spiritual hunger and in the same way that his body and spirit recovers from physical feeding, so too will our souls be nourished and sustained by the true bread come down from heaven that is Christ's presence, ministry and word.

Parish Notes:

Thank you - to Fr Keith Kimber who has kindly agreed to be with us for as long as we need during the coming weeks and months.

Interregnum - We are hopeful the bishop will appoint a successor to Fr Phelim who will serve throughout the new Ministry Area. Canon Stewart and the MA lay chair and Peter Lovitt have submitted a proposal as to why continuity of priestly ministry in St German's and Adamsdown is crucial for our worshipping life and outreach to those in need locally. In the meantime from September the church wardens and the Area Dean, Fr Dyfrig Lloyd, will be the first point of contact for any church related or PCC related matters.

Weekday Services - No Wednesday mass this week.

Hymns: See hymn board each week for hymn numbers.

Farewell - Many thanks to all who turned up and supported the farewell to Fr Phelim and his family. It was a lovely occasion and we wish them all every blessing and success in the midlands. Fr Phelim adds: "It was lovely and humbling to see so many friends we've made over the past four years at last Sunday's gathering. We were blessed with wonderful weather in the memorial garden and I am deeply grateful for all that you've done to support us as a family. It has been a wonderful, and ministerially fulfilling, four years and we pray that the next priest (God willing) will have as much support in friendship and ministry outreach as I've enjoyed. Thank you also for the many cards, bottles and very generous gift. We will miss you all dearly".

Covid Risks Update - With the Welsh government now allowing more people to meet indoors and outdoors we will be updating our own risk assessment accordingly. The CinW has also now permitted churches to offer tea and coffee after our services. Please continue to adhere to social distancing whilst in church and wear a face covering. We will also resume singing due to social distancing, the size of our building and wearing face coverings.

Recently Departed -

This week:

Sun 8 OT19

9:30 Sung Mass (St S)

11am Sung Mass (St G)

Mon 9:

6:00pm Mass (St G)

Tues 10:

10:00 Mass (St S)

Wed 11:

No Mass (St G)

Thur 12:

17:45 Mass (St S)

Fri 13:

No Mass (St S)

Sat 14:

No Mass (St S)

Sun 15: OT20

St Saviour's:

9:30 Sung Mass;

St German's:

11:00 am Sung Mass

Clergy:

Fr Phelim O'Hare, Vicar
02922 411229

phelimohare@gmail.com

Churchwardens:

Peter Lovitt
02920 763754
Richard Hill
07519 352840

www.saintgermanwithsaintsaviour.org

READINGS THIS WEEK

1 Kgs 19:4-8
Ps 34:2-3, 4-5, 6-7, 8-9
Eph 4:30—5:2
John 6:41-51

READINGS NEXT WEEK

Exod 16:2-4, 12-15
Ps 78:3-4, 23-24, 25+54
Eph 4:17, 20-24
John 6:24-35

PSALM:

Taste and see that the Lord is good.

COLLECT:

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen**

FIRST READING

The First reading is from the 1st book of the Kings.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

This is the word of the Lord.

1 Kings 19

RESPONSORIAL PSALM

**Taste and see
that the Lord is good.**

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its
boast.
The humble shall hear and be glad.

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered
me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.
This poor man called, the Lord
heard him
and rescued him from all his
distress.

The angel of the Lord is encamped
around those who revere him, to
rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in
him.

Psalm 34

SECOND READING

A reading from the letter of Paul to
the Ephesians.

Do not grieve the Holy Spirit of God
who has marked you with his seal
for you to be set free when the day
comes. Never have grudges against
others, or lose your temper, or raise
your voice to anybody, or call each
other names, or allow any sort of
spitefulness. Be friends with one
another, and kind, forgiving each
other as readily as God forgave you
in Christ. Try, then, to imitate God
as children of his that he loves and
follow Christ loving as he loved you,
giving himself up in our place as a
fragrant offering and a sacrifice to
God.

This is the word of the Lord.

Ephesians 4

GOSPEL ACCLAMATION:

Alleluia, alleluia!
I am the living bread which has
come down from heaven, says the
Lord. Anyone who eats this bread
will live for ever.
Alleluia!

GOSPEL

A reading from the Holy Gospel
according to St John.

Jesus said to them, 'I am the bread
of life. Whoever comes to me will
never be hungry, and whoever
believes in me will never be thirsty.
Then the Jews began to complain
about him because he said, 'I am the
bread that came down from heaven.'
They were saying, 'Is not this Jesus,
the son of Joseph, whose father and
mother we know? How can he now
say, "I have come down from
heaven"?' Jesus answered them, 'Do
not complain among yourselves. No
one can come to me unless drawn by
the Father who sent me; and I will
raise that person up on the last day.
It is written in the prophets, "And
they shall all be taught by God."
Everyone who has heard and
learned from the Father comes to
me. Not that anyone has seen the
Father except the one who is from
God; he has seen the Father. Very
truly, I tell you, whoever believes has
eternal life. I am the bread of life.
Your ancestors ate the manna in the
wilderness, and they died. This is
the bread that comes down from
heaven, so that one may eat of it
and not die. I am the living bread
that came down from heaven.
Whoever eats of this bread will live
for ever; and the bread that I will
give for the life of the world is my
flesh.'

This is the Gospel of the Lord.

John 6