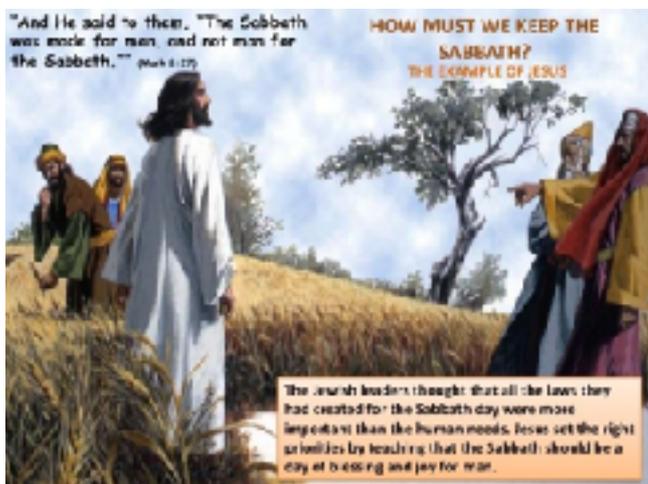


# St German's Church

3 June 2018 - Trinity 1



**The Symbolism of the Sabbath** - "In the times of Jesus the sabbath, and the commandment to keep it holy, symbolised the the complex network of laws which governed the Jewish religion at the time. In our own times this could symbolise the different laws and customs often tyrannise us - the market, fashion, success, popularity, respectability, social roles and so forth. Laws can also be a bondage inner church when we allow them to become inflexible". Michel de Verteuil.

## Parish Notes:

**Weekday Services** -Return to normal times this week.

**Welcome & Thank You** - to Fr David Sheen for preaching and presiding today.

**Messy Church** - We hope to launch Messy Church this coming Autumn and are looking for volunteers. More information on this in coming weeks and months.

**Thank you** to everyone who supported the Lenten Soup Lunches as this raised £400 for Christian Aid. A letter has been received from Christian Aid thanking everyone and explaining how contributions such as this, is vital to it's work (see noticeboard).

**Social Events** - Quiz night this Tues 5 June at 7pm. Summer Fete on Sunday 14 July from 12-4pm. Social Committee brief meeting after mass today.

**Memorial Garden Tidy** - Saturday 23 June from 11:30 until lunch. Some cold wine might be available!

**Baptisms & Weddings** - If you would like to book a baptism (or weddings) please speak to Fr Phelim after one of our services to arrange an initial meeting.

**Llandaff Festival of Prayer** - 14 July 2018 at St Teilo's CinW school. Information and booking forms available at the back of the Church and on our website.

**Croeso** - Please take a copy of our diocesan magazine.

**Evensong and Benediction** - Sunday 17 June 2018 at 6pm.

**Confirmation Classes** - Next meets on Thurs 7 June at 6:20pm in St Saviour's. This is now for children and young people. For adult faith formation see Fr Phelim.

**News items** to go into the newsletter or website please email Fr Phelim

**Recently Departed:** Ronnie Andrews, Julie Cochlin, Julie Gulley, Matthew Harken

## READINGS THIS WEEK

Deut 5:12-15  
Ps 81:3-4, 5-6, 7-8, 10-11  
2 Cor 4:6-11  
Mark 2:23—3:6

## READINGS NEXT WEEK

Gen 3:9-15  
Ps 130:1-2, 3-4, 5-6, 7-8  
2 Cor 4:13—5:1  
Mark 3:20-35

## PSALM:

Ring out your joy to  
God our strength.  
(4vv)

## This week:

### Sun 3 Trinity 1

9:30 Sung Mass and  
Baptism (St S)  
11am Sung Mass (St G)

### Mon 4:

6:00pm Mass (St G)

### Tues 5:

10am Mass (St S)  
St Boniface

### Wed 6:

10am Mass (St G)

### Thur 7:

5:45pm Mass (St S)

### Fri 8:

6pm Mass (St S)  
Sacred Heart of Jesus

### Sat 9:

11am Mass (St S)  
Immaculate heart of  
Mary

### Sun 10: Trinity 2

*St Saviour's:*

9:30 Sung Mass;

*St German's:*

11:00 am Sung Mass

11:00 am Sung Mass

## Parish Priest:

Fr Phelim O'Hare,  
02922 411229,  
phelimohare@gmail.com  
(Day off - Friday)

## Churchwardens:

Peter Lovitt  
02920 763754  
Richard Hill  
07519 352840

[www.saintgermanwithsaintsaviour.org](http://www.saintgermanwithsaintsaviour.org)

## Today's Hymns: 177 - For all the saints; 29 Amazing Grace; 174 - Firmly I believe 720 - We pray thee, heavenly Father. Mass Setting - Rizza 'Bread of Life' (955)

### COLLECT:

God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

### FIRST READING

The First reading is from the book of Deuteronomy.

The Lord says this: 'Observe the sabbath day and keep it holy, as the Lord your God has commanded you. For six days you shall labour and do all your work, but the seventh day is a sabbath for the Lord your God. You shall do no work that day, neither you nor your son nor your daughter nor your servants, men or women, nor your ox nor your donkey nor any of your animals, nor the stranger who lives with you. Thus your servant, man or woman, shall rest as you do. Remember that you were a servant in the land of Egypt, and that the Lord your God brought you out from there with mighty hand and outstretched arm; because of this, the Lord your God has commanded you to keep the sabbath day.'

This is the word of the Lord.

*Deut 5*

### RESPONSORIAL PSALM

**Ring out your joy to God our strength.**

Raise a song and sound the timbrel,  
the sweet-sounding harp and the lute;

blow the trumpet at the new moon,  
when the moon is full, on our feast. **R/**

For this is Israel's law,  
a command of the God of Jacob.  
He imposed it as a rule on Joseph,  
when he went out against the land of  
Egypt. **R/**

A voice I did not know said to me:  
'I freed your shoulder from the  
burden;  
your hands were freed from the load.  
You called in distress and I saved you.  
**R/**

'Let there be no foreign god among  
you,  
no worship of an alien god.  
I am the Lord your God,  
who brought you from the land of  
Egypt.' **R/**

*Psalms 81*

### SECOND READING

A reading from the second letter of  
St Paul to the Corinthians.

It is the same God that said, 'Let  
there be light shining out of  
darkness', who has shone in our  
minds to radiate the light of the  
knowledge of God's glory, the glory  
on the face of Christ.

We are only the earthenware jars  
that hold this treasure, to make it  
clear that such an overwhelming  
power comes from God and not  
from us. We are in difficulties on all  
sides, but never cornered; we see no  
answer to our problems, but never  
despair; we have been persecuted,  
but never deserted; knocked down,  
but never killed; always, wherever  
we may be, we carry with us in our  
body the death of Jesus, so that the  
life of Jesus, too, may always be  
seen in our body. Indeed, while we  
are still alive, we are consigned to  
our death every day, for the sake of  
Jesus, so that in our mortal flesh the  
life of Jesus, too, may be openly  
shown.

This is the word of the Lord.

*2 Cor 4*

### GOSPEL

A reading from the Holy Gospel  
according to St Mark.

One sabbath he was going through  
the cornfields; and as they made  
their way his disciples began to  
pluck heads of grain. The Pharisees  
said to him, 'Look, why are they  
doing what is not lawful on the  
sabbath?' And he said to them, 'Have  
you never read what David did  
when he and his companions were  
hungry and in need of food? He  
entered the house of God, when  
Abiathar was high priest, and ate the  
bread of the Presence, which it is not  
lawful for any but the priests to eat,  
and he gave some to his  
companions.' Then he said to them,  
'The sabbath was made for  
humankind, and not humankind for  
the sabbath; so the Son of Man is  
lord even of the sabbath.'

Again he entered the synagogue,  
and a man was there who had a  
withered hand. They watched him to  
see whether he would cure him on  
the sabbath, so that they might  
accuse him. And he said to the man  
who had the withered hand, 'Come  
forward.' Then he said to them, 'Is it  
lawful to do good or to do harm on  
the sabbath, to save life or to kill?'  
But they were silent. He looked  
around at them with anger; he was  
grieved at their hardness of heart  
and said to the man, 'Stretch out  
your hand.' He stretched it out, and  
his hand was restored. The Pharisees  
went out and immediately conspired  
with the Herodians against him,  
how to destroy him.

This is the Gospel of the Lord.

*Mark 2*