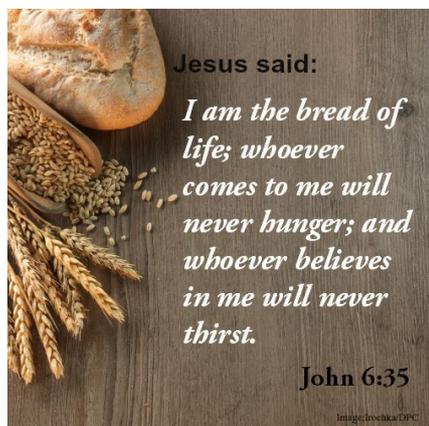


St German's Church

1 August 2021 - Trinity 9 (OT17)



Bread from Heaven

There are many times in John's gospel where Jesus uses the phrase 'I am'. It has deep significance for us and also for the people of Israel. It connects to the Exodus story when God appeared to Moses using the same name: 'I am who I am' (Yahweh in Hebrew). Today, God, in Christ's teaching, is for us a nourishing presence and symbol: I am the bread of life who can bring life to your soul. We, like the apostles, long to taste the food from God that can sustain us and bring us to fullness of life. We echo their desire: 'Sir, give us this bread always'.

Parish Notes:

Farewell - Many thanks to all who turned up and supported the farewell to Fr Phelim and his family. It was a lovely occasion and we wish them all every blessing and success in the midlands. Fr Phelim adds: "It was lovely and humbling to see so many friends we've made over the past four years at last Sunday's gathering. We were blessed with wonderful weather in the memorial garden and I am deeply grateful for all that you've done to support us as a family. It has been a wonderful, and ministerially fulfilling, four years and we pray that the next priest (God willing) will have as much support in friendship and ministry outreach as I've enjoyed. Thank you also for the many cards, bottles and very generous gift. We will miss you all dearly".

Thank you - to Fr Keith Kimber who has kindly agreed to be with us for as long as we need during the coming weeks and months.

Interregnum - We are hopeful the bishop will appoint a successor to Fr Phelim who will serve throughout the new Ministry Area. Canon Stewart and the MA lay chair and Peter Lovitt have submitted a proposal as to why continuity of priestly ministry in St German's and Adamsdown is crucial for our worshipping life and outreach to those in need locally. In the meantime from September the church wardens and the Area Dean, Fr Dyfrig Lloyd, will be the first point of contact for any church related or PCC related matters.

Hymns: See hymn board each week for hymn numbers.

Covid Risks Update - With the Welsh government now allowing more people to meet indoors and outdoors we will be updating our own risk assessment accordingly. The CinW has also no permitted churches to offer tea and coffee after our services. Please continue to adhere to social distancing whilst in church and wear a face covering. We will also resume singing due to social distancing, the size our building and wearing face coverings.

Gardening Club - meets on the first Saturday of the month at 11:00am. This is open to all. Next meets on Saturday 7 August.

Recently Departed - Maggie Davies, David Pine, Doris Rose Tweney.

This week:

Sun 1 OT17

9:30 Sung Mass (St S)
11am Sung Mass (St G)

Mon 2:

6:00pm Mass (St G)

Tues 3:

10:00 Mass (St S)

Wed 4:

10am Mass (St G)
St John Vianney

Thur 5:

17:45 Mass (St S)

Fri 6:

No Mass (St S)
Transfiguration of the Lord

Sat 7:

No Mass (St S)

Sun 8: OT18

St Saviour's:

9:30 Sung Mass;

St German's:

11:00 am Sung Mass

Clergy:

Fr Phelim O'Hare, Vicar
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Churchwardens:

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READINGS THIS WEEK

Exod 16:2-4, 12-15
Ps 78:3-4, 23-24, 25+54
Eph 4:17, 20-24
John 6:24-35

READINGS NEXT WEEK

1 Kgs 19:4-8
Ps 34:2-3, 4-5, 6-7, 8-9
Eph 4:30—5:2
John 6:41-51

PSALM:

The Lord gave them
bread from heaven.
(3vv)

COLLECT:

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

FIRST READING

The First reading is from the book of Exodus.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

This is the word of the Lord.

Exodus 16

RESPONSORIAL PSALM

The Lord gave them bread from heaven.

The things we have heard and understood,
the things our fathers have told us,
these we will not hide from their children
but will tell them to the next generation: **R/**

The glories of the Lord
and his might
and the marvellous deeds
he has done,
Yet he commanded the clouds above
and opened the gates of heaven.
He rained down manna
for their food,
and gave them bread from heaven. **R/**

Mere men ate the bread of angels.
He sent them abundance of food;
So he brought them to his holy land,
to the mountain which his right hand
had won. **R/**

Psalm 78

SECOND READING

A reading from the letter of Paul to the Ephesians.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

This is the word of the Lord.

Ephesians 4

GOSPEL ACCLAMATION:

Alleluia, alleluia!
I am the way, the truth and the life,
says the Lord; no one can come to
the Father except through me.
Alleluia!

GOSPEL

A reading from the Holy Gospel according to St John.

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."'

Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord.

John 6